



Australian Government

Comcare

PUTTING YOU *FIRST*

HEALTH & WELLBEING COORDINATORS TRAINING

COURSE OUTLINE

Health and wellbeing is a key area of focus for many businesses, due to the variety of positive outcomes such as reductions in staff turnover, reductions in workplace injuries and overall improvements in workplace productivity.

This two-day course aims to provide health and wellbeing program coordinators with the necessary knowledge and skills to implement effective and comprehensive health and wellbeing programs in the workplace.

PROGRAM OBJECTIVES

On completion of this program, participants should be able to:

- > Demonstrate an understanding of the importance of promoting health and wellbeing at work, including the benefits to both workers and the organisation.
- > Demonstrate an understanding of the breadth of strategies that can improve health and wellbeing in the workplace.
- > Assess the needs of the workplace to identify work health issues and select the most suitable strategies that will add value to the workplace and its staff.
- > Follow systematic steps and apply a range of tools to effectively design, implement, monitor and evaluate a health and wellbeing program.
- > Draw from best practice examples and locate evidenced based resources and tools to aid in the development of health and wellbeing programs.

THE LEARNING AND DEVELOPMENT SOLUTIONS ADVANTAGE

- > Leading edge training solutions developed to achieve real outcomes.
- > Dynamic, engaging and enjoyable training that involve participants in the learning process.
- > Solutions designed and tailored to meet your organisation's training and operational requirements.

FEEDBACK FROM OUR PILOT PROGRAM

'Absolutely relevant to my role... I have learned a lot in two days and hope I can take these learnings away to improve our workplace,' ACT Government participant.

'Great course for those setting up HWB programs, a refreshing *best practice—how-to-do*,' ACT Government participant.

FURTHER INFORMATION

For further information please call the Learning and Development Solutions Team on

P: 1300 366 979

E: learning.development@comcare.gov.au

W: www.comcare.gov.au