



# PSYCHOLOGY TREATMENT PLAN

## PRIVACY

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Please refer to the accompanying notes for assistance in completing this form.

Lodgement of: Email: [clinical.panel@comcare.gov.au](mailto:clinical.panel@comcare.gov.au) Post: GPO Box 9905, Canberra 2601 Fax: 1300 196 971

## TREATMENT PLAN REQUEST (please tick most appropriate)

Initial  Review

## EMPLOYEE DETAILS

Employee name  Claim number

Date of birth  /  /  Occupation

Referring medical practitioner

## WORK STATUS

### Hours

Pre-injury hours at work  per week

Current hours at work  per week

### Current duties

Pre-injury duties  Not working

Alternative/modified duties

## CLINICAL ASSESSMENT

Psychological diagnosis (directly related to the work-related condition)

Details of symptoms

Details of any non-work related psychological conditions impacting mental state/functioning/capacity

## CAPACITY

	Pre-injury capacity (describe what the employee did before the injury related to this claim)	Current capacity (describe what the employee can do now)
<b>Work</b> e.g. tasks, days, hours		
<b>Home</b> e.g. self-care, domestic, caring		
<b>Community</b> e.g. driving, transport, leisure		

## BARRIERS TO RECOVERY AND RETURN TO WORK

Please detail current barriers to recovery and return to work

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## PROGRESS SINCE LAST PLAN (COMPLETE IF REVIEW PLAN)

Please detail progress that has been made since last plan. Include results from standardised or customised outcome measures

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## TREATMENT GOALS AND INTERVENTIONS

TREATMENT GOALS, INTERVENTION STRATEGIES, OUTCOME MEASURES, EMPLOYEE STEPS

Treatment Goal 1 (please outline SMART goal—related to work-related condition):			
Intervention strategies (applicable to stated goals)	Measures of progress (standardised/ functional, applicable to stated goals)	Employee steps (self-management strategies to achieve this goal)	By when
Treatment Goal 2 (please outline SMART goal—related to work-related condition):			
Intervention strategies (applicable to stated goals)	Measures of progress (standardised/ functional, applicable to stated goals)	Employee steps (self-management strategies to achieve this goal)	By when
Treatment Goal 3 (please outline SMART goal—related to work-related condition):			
Intervention strategies (applicable to stated goals)	Measures of progress (standardised/ functional, applicable to stated goals)	Employee steps (self-management strategies to achieve this goal)	By when

Treatment Goal 4 (please outline SMART goal—related to work-related condition):			
Intervention strategies (applicable to stated goals)	Measures of progress (standardised/ functional, applicable to stated goals)	Employee steps (self-management strategies to achieve this goal)	By when

**PROPOSED TREATMENT PLAN**

Proposed total number of services  over  number of weeks  
 From  /  /  to  /  /  Anticipated discharge date  /  /

**OTHER RECOMMENDATIONS**

Comcare may be able to fund rehabilitation assessment and assistance where needs are related to the work-related injury. Please clearly indicate if you believe the employee requires any other assistance to promote recovery.

**TREATING PSYCHOLOGIST DETAILS**

I currently have registration with Australian Health Practitioner Regulation Agency Yes  No

Name

Address  Phone no

Email  Days/times available

Treating Psychologist's signature  Date  /  /

**CONSENT**

I  (please print your name) hereby authorise you to supply Comcare with information requested on this form and to discuss the contents of this form and any ongoing issues of my treatment, with officers or representatives of Comcare.

Signature of employee or guardian  Date  /  /