

Addressing Musculoskeletal and Mental Health Disorders in transportation

Researchers at La Trobe University are seeking volunteer research participants to be involved in a study about prevention of Musculoskeletal (MSDs) and Mental Health Disorders (MHDs) in the long-haul transport sector. The aim of the study is to understand more about how MSDs and MHDs are managed in the long-haul transport sector. Information obtained will be used to develop training for WHS professionals to improve skills in risk management of MSDs and workplace Mental Health. The training will provide important skills, and be highly relevant, with the introduction of new regulations on psychosocial hazards. The potential benefit of the research is reduced MSD and MHD prevalence in the long-haul transport sector.

You may qualify if you

- Are currently employed as a supervisor, WHS professional or general manager working in the long-haul transport sector, and
- Have direct reports, and
- Are over 18 years of age and able to read English.

Participation involves

If you decide to take part in the research, you would be asked to:

- Participate in an online interview that will take no more than one-hour to complete.

Your decision to participate in the research is voluntary.

Reimbursement for participation

There are no additional costs associated with participation in this research study, nor will you be paid.

If you are interested

Click on this link <https://latrobe.questionpro.com/t/AWxoDZvyg6> which will take you to a registration site where you will be asked to provide your contact details and respond to a small number of multiple choice screening questions. Eligible participants will be contacted by one of the researchers to arrange a suitable interview time.

For more information

If you would like more information or are interested in being part of the study, please contact:

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Ethics Approval Number	HEC22299

Research team

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