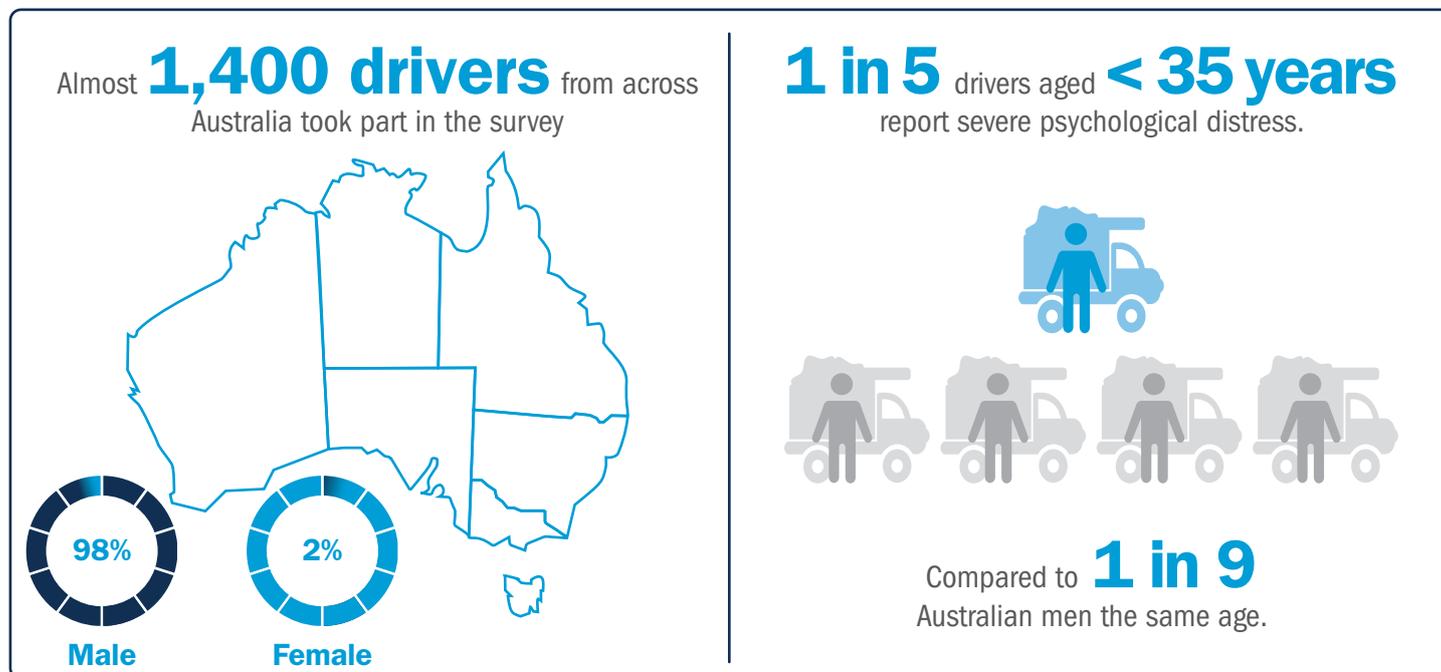


# Keeping Australia's truck drivers moving

Truck drivers have played a critical role during the pandemic to keep vital supplies moving across Australia. Two new reports from Monash University's Driving Health Study highlight the large and disproportionate health crisis facing Australian truck drivers, who account for 1 in 33 Australian men.

### Key findings within the reports:



The most common medical conditions are:



- Back problems **34.5%**



- High blood pressure **25.8%**



- Mental health problems **19.4%**

### Over half of drivers

are categorised as obese, compared to the national average of **32.5%**.

Drivers



National



More than **1/3** of drivers reported pain lasting **>12 months.**

**Long-haul** drivers are more likely to be obese or experience pain for



**12+ months.**

Compared to **short-haul** drivers who are more likely to have



**severe psychological distress.**

Drivers with **3+** health conditions = Increased odds of experiencing a crash.



Over **half of drivers** reported their **general health** as good to excellent.



**Most drivers** rated their **work ability** as good to excellent.

