



# WORK DESIGN TO SUPPORT PSYCHOSOCIAL RISK MANAGEMENT

**Wednesday 29 October 2025, 1.30pm – 2.30pm AEDT** 

# Safety every job, every day



## What is good work?





#### Good work is:

- Safe and healthy
- Respectful
- Engaging
- Fair
- Meaningful
- Secure



# Wellbeing and psychosocial factors







#### Why use SMART work design







#### The five themes of SMART







'S' for Stimulating



'M' for Mastery



'A' for Agency



'R' for Relational

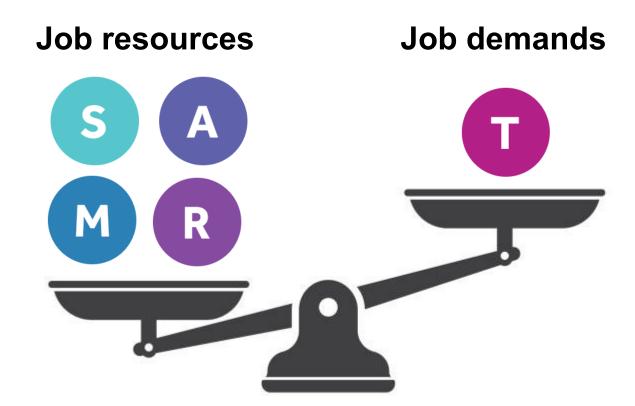


'T' for Tolerable demands

#### The five themes of SMART







#### 3 ways to do SMART work design







#### Activate job crafting

Encourage & enable workers individual and collective job crafting

#### 1. Work redesign in practice









#### 1. Work redesign in practice









(Safe Work Australia, 2024. How to manage work health and safety risks Code of Practice)



#### 2. Job craft using SMART







Video from tailoredthinking.co.uk



### 2. Job craft using SMART





#### **Job crafting in Action – Nicole, APSC**



Task crafting: Identifies important tasks to be done the next day



Relationship crafting: Gets to know other people around the agency through 'Coffee Roulette'



**Wellbeing crafting:** Takes the full hour for lunch – away from the desk!

crafting

#### 3. Lead for SMART





#### What great managers do



- 1. Addressing work designs
- 2. Knowing your team
- 3. Building trust in your team
- 4. Supporting your team
- 5. Effective communication



- 6. Enhancing performance
- 7. Providing flexible work
- 8. Managing change at work
- 9. Managing absence
- 10. Supporting return to work



#### 3. Lead for SMART







This team talk is part of a series created to help you discuss good work design with your team. Read the team talk to your team and use the questions to start a discussion.



#### 3 reasons to use SMART work design







Evidence-based approach that is effective in preventing psychosocial risks at their source

Tackle multiple challenges at once and grow wellbeing, innovation and performance





Offers practical strategies that empower people at all levels to make work better

### Talking about SMART work design





Which SMART element would you like to discuss today?

As a team, when and how should we talk about our work design?

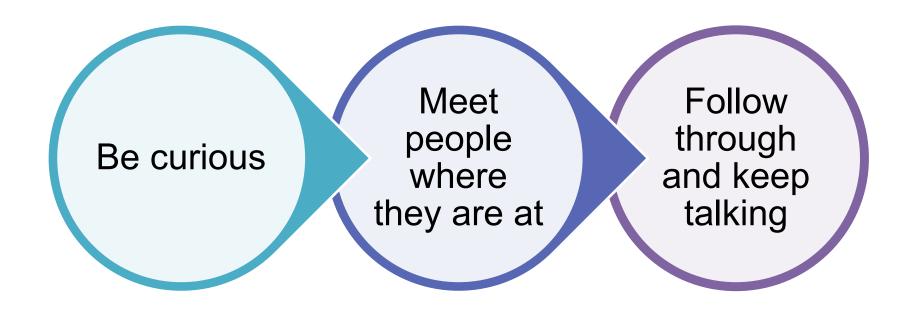




## Tips for having SMART conversations (Metional Stafe month)







#### What can you do now?





- Promote use of Comcare's <u>Good work design</u> resources to frontline managers and teams
- Put EL2s and high performing EL1s through the APS Leadership Edge program and Relational Leadership SES program
- Access existing and upcoming resources via Comcare's LMS and website
- Use publicly available resources from sources like Curtin University,
   TailoredThinking and Thrive at Work
- Contact us at goodworkdesign@comcare.gov.au

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